



Social Connections Toolkit

Six tips for supervisors

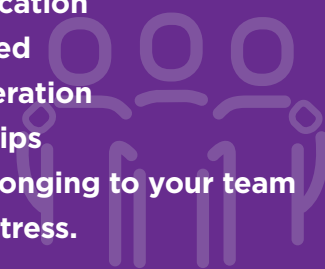
As we return to the workplace, the need for renewed social connections is more important than ever.

Everyone has been impacted differently, so supervisors should reach out, support and connect. This tip sheet is a start to help you rebuild connections.

Did you know?

When your staff feel connected they are more likely to:

- receive and provide support
- share information
- improve communication
- feel more motivated
- experience co-operation
- form new friendships
- feel a sense of belonging to your team
- better cope with stress.



Try this...	What do you do?	What else could you do?
1. Stay connected with your team Try to make more informal contact with your team - video calls or morning face-to-face stand-ups, (virtual) walking meetings. Ask questions and listen actively.		
2. Show support Share experiences or interests.		
3. Introduce yourself to new colleagues Then greet them by name.		
4. Organise social events Friday night monthly dinner. Commute to/from work together. Host a Communittea (download our poster). Download our calendar.		
5. Do coffee or lunch together Talk about things related and un-related to work.		
6. Talk to people you do not normally work with Introduce yourself and your team.		

