# Thinking About You

## Conversation Tool | Child

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| Child’s name | icare reference number | Date |
|  |  |  |
| Parent/Guardian’s name | Case Manager/Planning facilitator | Case Manager contact details |
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| What is most important to you at the moment? | | | |
| Child’s comments (if age appropriate):  Parent/Guardian comments: | | | |
| What is working well for you right now? Consider what a good day looks like | | | |
| Child’s comments (if age appropriate):  Parent/Guardian comments: | | | |
| What do you see as your strengths and how are they changing? | | | |
| Child’s comments (if age appropriate):  Parent/Guardian comments: | | | |
| |  | | --- | | **Example of an explanation of personal strengths**  Personal strengths can refer to how you naturally use your physical strength, intelligence, and your personality qualities (or talents) to achieve positive results in life. It might be your positive "can do" attitude, your creativity, your desire to learn or solve challenges, your ability to ask for what you need, your previous experiences and knowing what works for you, and your friendliness or sense of humour. |  What are your main concerns right now? | | | |
| Child’s comments (if age appropriate):  Parent/Guardian comments: | | | |
| Additional comments - Include any other relevant information from participant, family and/or case manager | | | |
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|  | Lifetime Care GPO Box 4052, Sydney, NSW 2001 **General Phone Enquiries: 1300 738 586** Email: [care-requests@icare.nsw.gov.au](mailto:care-requests@icare.nsw.gov.au) www.icare.nsw.gov.au |