

Information for the client and their family

What is My Plan?

'My Plan' refers to how Dust Diseases Care works with you to plan for the things that are important to you, to find out what questions you have, and to help you identify the level of support you need.

What does it involve?

Dust Diseases Care will refer you to a planning facilitator. They will contact you and arrange for a convenient time to meet with you. You are encouraged to have the people who support you to attend the meeting – for example your partner, family member or a friend.

Usually, the planning facilitator will arrange to meet with you in your home. They will talk to you about the things that are important to you at the moment, and the types of support you need, both now and into the future. This will help us ensure you are supported in the best way possible.

What is a planning facilitator?

A planning facilitator is a person who is paid by Dust Diseases Care to meet with you and support you to identify the things that are important to you, to find out what questions you have, and to help you identify the level and types of support you need.

Our planning facilitators are skilled health professionals who understand your medical condition and the impact this is likely to be having on you.

When will I see a planning facilitator?

Your Dust Diseases Care client liaison officer will discuss referral to a planning facilitator with you. The planning facilitator will then contact you and discuss the best time for them to visit, and who you would like to come to the planning meeting.

How can I prepare for My Plan?

You can start thinking about things like: What is most important to me at the moment? What questions do I have or what information do I need? What support would help me manage at home? How are my family coping – what support do they need? What do I need to think about for the future?

After I have met with the planning facilitator, what will happen next?

You will be given a copy of your plan, including a list of what has been recommended and who will organise these things. They will also give Dust Diseases Care a copy of your plan so they can understand your situation and your needs. We'll review your plan and ensure the supports you need are arranged and put in place.

What if my circumstances change – can I do a second plan?

Yes, if your circumstances change, you can ask to do another plan. If your circumstances change rapidly and you become too unwell to do another plan, Dust Diseases Care will liaise directly with you, your family and your treating team to make sure your support needs are reviewed and supports put in place as soon as possible.