

What is peer-to-peer support?

Peer-to-peer support offers a safe and understanding community of people who are also experiencing what it means to be diagnosed and living with a dust disease.

If you're living with a dust disease you may be experiencing significant changes to both your physical and emotional wellbeing, and peer-to-peer support provides an opportunity to talk directly to someone who understands, share your experiences, listen to others and ask questions. The networks you'll form within peer-to-peer support can help you with your wellbeing.

For your family, peer-to-peer support can connect them with other families who also have a loved one with a dust disease. It provides an opportunity for your family to ask questions and find out what to expect throughout this journey and how they can best support you.

There are a number of services available to you and your family, including those offered by community and not for profit support organisations.

icare Dust Diseases Care supports a number of peer-to-peer programs offered by Support Organisations, providing you with the choice and information to access these programs if you need them.

Asbestos Diseases Research Institute (ADRI)

ADRI is a charitable, not-for-profit foundation dedicated to translating new research insights into support services provided by experienced Mesothelioma Support Coordinators. This organisation offers people who are currently living with mesothelioma and their families access to assistance from ADRI Mesothelioma Support Coordinators.

The Coordinators are there for each step of the journey, recognising that those affected by mesothelioma experience varied symptoms throughout this time. The ADRI tailor assistance for individuals and their families, liaising with professional agencies, as well as providing access to a developed 'well living support programme' for survivors and carers.

The Mesothelioma Support Coordinators are available via telephone Monday to Friday, 9am - 5pm, to provide face to face appointments and schedule group meetings for those living with mesothelioma, and their carers.

What services are available?

Telephone support: Mesothelioma Support Coordinators (Monday to Friday 9am-3pm)

Face-to-face: appointments with Mesothelioma Support Coordinators.

Group meetings: organised meetings for those living with mesothelioma, and their carers.

Bereavement Group: this group meets on a needs basis, for bereaved and elderly partners.

Events calendar: provides details of upcoming events including extra plular pneumonectomy (EPP) group meetings, Carer's Day, and various information, education and support workshops across NSW.

How can I contact them?

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