



icareTM

Insurance and Care NSW

Take care for yourself, look after your best. It's the only way you live.

Ben Houlison, icare Paralympian Speaker

Paralympian Speakers Program

**Raising workplace safety awareness through
personal stories**

Preventing injuries and returning people to work is essential to any business.

The icare Paralympian Speakers Program can provide you with a unique way to raise awareness and understanding of workplace health and safety with your team.



What is the program?

The icare Paralympian Speakers Program is run in partnership with Paralympics Australia and provides icare customers with access to Paralympians who have been affected by workplace injury to talk to their team free of charge.

What benefit does it have for me?

Story telling is a powerful tool and through the real-life stories of our Paralympians, we find you can more meaningfully engage your team on the importance of workplace health and safety. While your workers may remember the process or policy for a time, it is the real-life stories that will be retained long after your WHS training day or Toolbox Talk.

The program encourages your employees to look out for each other and play a role in keeping their workplace and workmates safe; because we believe that workplace safety is everyone's responsibility.

Engaging the program as an additional WHS tool for your business can make a real difference to your people, and potentially your business costs.



It was an honour to meet Ben and have the opportunity to hear his story, what an inspiration he is. The message he shared resonated with everyone. Regardless of skills and experience, a split second of unsafe practice can be life altering. Thank you to icare and Ben for helping raise awareness and focus on such a vital area of the workplace.

- William Lekkas, Volvo



Visit icare.nsw.gov.au/icare-speakers-program
to learn more, or email paralympian@icare.nsw.gov.au