

Connect & Care

Helping you connect
with injured workers

- Discover how to enhance the support you provide to workers who have suffered a complex workplace injury

The **Connect & Care** program is designed to support you, as a leader, to provide ongoing support to workers who are experiencing a complex injury, using a practical evidence-based framework.

The quality of the relationship between a worker and their direct line manager can have a range of positive consequences. Research has shown that strengthening relationships and engagement between direct line managers and injured workers can improve their recovery outcomes and optimise their engagement with the workplace.

This program is based on guidelines developed with academic and industry experts. It includes three workshops:

- **CONNECT** with each other, explore the world of the injured worker, describe complex injuries and the Workers Compensation environment.
- **CARE** for injured worker leveraging best practice guidance through effective leader/worker interactions whilst promoting proactive self-care strategies.
- **CONNECT & CARE** to develop a tailored action plan to apply and embed the Connect & Care learnings in your organisation.

Why participate in the Program?

You will discover how to further enhance your relationship with your team members where they may experience hardship due to a workplace injury. By strengthening your relationships, you will also increase workplace engagement and accelerate an injured workers return to health.

What is the format?

This is a 6-hour program plus pre and post workshop activities. Recommended time frame is 3 workshops of 2 hours each held approximately 2-4 weeks apart. The program can be delivered face to face or via virtual classroom.

Who can participate in this program?

Line Managers in operation roles leading and managing front line workers.

For more information, please email the REX team at rex@icare.nsw.gov.au

