# PEER CONNECT

## **Mental Health Peer Connect**

#### Building and maintaining the knowledge and skills of MHFAiders across NSW Government.

An online community available exclusively to any NSW government agency representative who has completed the Mental Health First Aid course.

# Connect into a world of learning and development focused on Mental Health...





#### Share and Connect

Share and learn with your peers in the online discussion forum.



#### Live chat with your MHFA facilitators and experts.



# Get answers to

the questions that matter to you from a series of MH experts.



#### Resources

Explore the latest best practice mental health articles, resources, videos and toolkits, curated just for you.



#### Peer Connect Events

Join your peers for exclusive events.

## Meet the moderators

Ann and Maddi are experienced and passionate mental health advocates who will facilitate discussions and curate resources.



# Ann Jewitt

Registered Counsellor Master MHFA Instructor CEO & Founder, Workplace Mental Health Consulting



#### Maddi Bailes

icare Insurance for NSW

Bachelor of Laws, MHFAider Client Engagement Manager, Insurance for NSW, icare

# Accessing the community

From 1 April 2020 a new tab will be added to your personal REX homepage.

Don't have access?

Visit my.icare.nsw.gov.au and apply for general access.

Any questions? Contact us at rex@icare.nsw.gov.au