

Date: 06 March 2020

Workers Insurance Forum in Mascot

Insurance and Care (icare) NSW is hosting a free Worker Insurance Forum in Mascot on Wednesday 11 March 2020 after more than 1,300 workers compensation claims were made in the area in the last year.

“One in 25 workers in the area was injured in a workplace accident, which is 122% higher than the state average” said Adam O’Leary from icare’s Employer Engagement team.

“What’s even more troubling is that almost half of these claims came from a single industry – transport and storage,” Mr O’Leary said.

“That’s why we’re bringing our icare Workers Insurance Forum to Mascot on Wednesday 11 March,” he said.

Employers in the area will have the opportunity to meet face-to-face with icare’s return to work and injury prevention experts and pick up proactive tips to help them respond to injury claims.

“Through a series of speaker sessions, we’ll also be sharing strategies to improve the wellbeing and resilience of your employees, help you to recognise the signs of mental health challenges and feel confident accessing services to support your employees and get them back to work sooner,” said Mr O’Leary.

“We’ve also invited Grace McKeon, Accredited Exercise Physiologist and PhD candidate from the Black Dog Institute, to speak at the forum.

“With 50% of claims in Mascot relating to soft tissue injuries, which result in an average of 45 days off work, Grace will be sharing the latest research regarding the importance of exercise in improving physical and mental health, as well as strategies employers can implement in their own workplaces,” he said.

In the afternoon, at 3pm we will also be running a specific session on the Transport & Storage industry for customers that work within this industry.

When: Wednesday, 11 March 2020, 8:30am-2.45pm

Where: Pullman Hotel Sydney Airport, 191 O’Riordan Street, Mascot, NSW 2020

Register here: <http://bit.ly/MascotEvent>

Media contact: Manasvi Sharma | media@icare.nsw.gov.au | 0427 247 137