

What is an Injury Management Plan?

An Injury Management Plan (IMP) provides details of a worker's return to work and recovery goals, including information about treatment. The plan is generally developed within seven days of a claim being lodged.

The IMP is developed by the insurer in conjunction with the employer, the worker and nominated treating doctor and extended health team. It is reviewed regularly and updated as necessary where further treatment is approved or there are changes to the recovery at work goal. Subsequent plans will be more detailed.

The IMP is tailored to the needs of the worker and complexity of the claim and can include:

- more specific goals (with specific Return to Work, Treatment or Social goals for more complex injuries or illnesses);
- a summary of updates and achievements relating to recovery and return to work;
- details of previously approved treatment and services that may be ongoing / still available for use;
- details of additional approved treatment and services; and
- any relevant actions relating to recovery and return to work and person's responsible for these actions.

The plan is generally developed within seven days of a claim being lodged. This also applies to claims with a 'Reasonable Excuse' determination at end of the 7-day period, as the insurer still has an obligation to facilitate return to work and treatment whilst collecting further information.

It's important to keep the insurer informed of any changes that may affect the Injury Management Plan.