



# Safety starts with us

## COVID-19 safety for mobile workers

### Protect yourself and others from harm

Employers and workers play a role in protecting themselves and others from harm associated with work activities. In relation to COVID-19, this includes acting safely at all times, and cooperating with the employer's safe work procedures to prevent the virus entering and spreading within the workplace.

This checklist is for workers who travel to different locations as part of their job. It provides basic and practical ways to reduce the risk of exposure to COVID-19. It is for information purposes only and is not intended for professional, legal or health advice.

### Your icare workers compensation premium and COVID-19 claims

Liability for confirmed COVID-19 claims will be assessed like any other workers compensation claim. The cost of claims attributed to a positive COVID-19 test or as a result of receiving the COVID-19 vaccination will be excluded from the individual claims experience. This is to protect an individual employer from being disproportionately impacted by COVID-19. For detailed information on COVID-19 claims, refer to:

<https://www.icare.nsw.gov.au/icare-coronavirus-information/how-covid-19-claims-are-assessed>

For permanent and casual employees and contractors		In Place	
		Yes	No
1	Always practice good personal hygiene – wash your hands, sneeze into your elbow and cover your mouth. Use sanitiser regularly.	<input type="checkbox"/>	<input type="checkbox"/>
2	Assume COVID-19 is at the places you visit – best practice is to wear a surgical face mask at all workplaces.	<input type="checkbox"/>	<input type="checkbox"/>
3	Follow your employer's and your customer's COVID-safe work instructions: <ul style="list-style-type: none"> <li>• If you cross State or Territory borders, follow public health orders at the locations you visit.</li> <li>• Maintain physical distancing wherever possible.</li> <li>• Stay at home if you have COVID-19 symptoms.</li> <li>• Get tested if you have any COVID-19 symptoms or have been in close contact with someone who has COVID-19. Follow medical advice in relation to isolating when required.</li> <li>• Always scan the QR code at your workplace and where-ever you visit, including other workplaces and rest stops.</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>
4	For freight workers, complete the COVID-19 Safe Practices Education for Freight Workers, NSW course developed by Transport for NSW. COVID-19 Safe Practices Education for Freight Workers NSW. <a href="https://www.drivrtraining.com/courses/COVID19-Safe-Practices-Education-for-Freight-Workers-NSW">https://www.drivrtraining.com/courses/COVID19-Safe-Practices-Education-for-Freight-Workers-NSW</a>	<input type="checkbox"/>	<input type="checkbox"/>
5	Maintain COVID-safe work areas, plant and vehicles that are shared: <ul style="list-style-type: none"> <li>• Regularly clean all high touch points such as steering wheels, keys, grab rails, seats, phones / tablets and other tools of trade.</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>
5	Limit the number of passengers in vehicles as much as possible.	<input type="checkbox"/>	<input type="checkbox"/>
6	Get medical advice on being vaccinated.	<input type="checkbox"/>	<input type="checkbox"/>

For employers		In Place	
		Yes	No
1	Complete a NSW Government COVID-19 Safety Plan. There are plans for different industries. <a href="https://www.nsw.gov.au/covid-19/business/safety-plans">https://www.nsw.gov.au/covid-19/business/safety-plans</a>	<input type="checkbox"/>	<input type="checkbox"/>
2	Register as a COVID Safe Business. This provides a unique QR Check-in Code plus an online form for customers who can't use the QR code and posters. <a href="https://www.nsw.gov.au/covid-19/business/covid-safe-business/toolkit">https://www.nsw.gov.au/covid-19/business/covid-safe-business/toolkit</a>	<input type="checkbox"/>	<input type="checkbox"/>
3	Develop / review your organisation's COVID-19 Risk Assessment and Safe Work Procedure with your workers. Ensure the procedure is implemented.	<input type="checkbox"/>	<input type="checkbox"/>
4	Enforce physical distancing in all common areas such as waiting areas, lunchrooms and offices.	<input type="checkbox"/>	<input type="checkbox"/>
5	Provide all employees with appropriate PPE including surgical masks. If people cannot wear a mask, provide a face shield.	<input type="checkbox"/>	<input type="checkbox"/>
6	Implement a regular cleaning process at all locations where people attend from time to time (e.g. to complete paperwork or attend team meetings in offices between mobile work). Disinfect high touch points such as kitchens, lunchrooms, printers, lift buttons, stair rails, door handles, toilets and taps.	<input type="checkbox"/>	<input type="checkbox"/>
7	Seek expert advice on the effectiveness of existing ventilation in vehicles and other indoor settings such as offices. Ventilation may need to be improved. <a href="https://www.nsw.gov.au/covid-19/business/covid-safe-business/ventilation">https://www.nsw.gov.au/covid-19/business/covid-safe-business/ventilation</a>	<input type="checkbox"/>	<input type="checkbox"/>
8	Regularly check the NSW Government website (and State & Territory Government websites if you cross borders) for Public Health Orders, restrictions and COVID-19 safety alerts. <a href="https://www.nsw.gov.au/covid-19">https://www.nsw.gov.au/covid-19</a>	<input type="checkbox"/>	<input type="checkbox"/>
9	Provide information on mental health support services. For example: <a href="#">Beyond Blue</a> , the <a href="#">Black Dog Institute</a> , <a href="#">Lifeline</a> and <a href="#">Healthy Heads Trucks and Sheds</a> (Transport Industry).	<input type="checkbox"/>	<input type="checkbox"/>
10	Provide hygiene toolkits for vehicles and all shared plant and equipment with: <ul style="list-style-type: none"> <li>• Surgical face masks</li> <li>• Hand sanitiser</li> <li>• Surface spray and cloths</li> <li>• Disposable gloves.</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>

Every effort is made by icare to ensure that the material is accurate and up to date. However, we do not guarantee or warrant the accuracy, currency, reliability and correctness of the information provided or the material provided by links to third parties. This information is also subject to change in accordance the Public Health Orders in each state and territory.

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