

Case Management with the Northern Brain Injury Service

Northern Brain Injury Rehabilitation Service (NBIRS)

We are based at Ballina District Hospital.

You will have:

1. A dedicated co-ordinator (Case Manager)
2. The support of a team specially trained in brain injuries.
3. An assessment of your abilities and needs.
4. Referral to therapists that can help to meet your goals.
5. Access to specialist medical clinics.
6. Visits to your home, school or workplace.
7. Links with local support agencies.
8. Help to develop appropriate community based programs.
9. Education on traumatic brain injury and its effects.
10. Education on how to prevent brain injury.

Case Management in the Northern New South Wales region

When a person has a severe brain injury from a motor vehicle accident or work injury it can change how you do everyday tasks, think, and behave. NBIRS case management and rehabilitation helps in your recovery and assists you to understand and plan how to reach your goals.

Everyone is different so you will be at the centre of the decision making and planning. Your family and friends can be a part of your team. The NBIRS case manager will work with you to involve therapists and services that you and your family may need as part of your rehabilitation and as you decide what things are important for you to work on and achieve.

Our team is specially trained to support people with brain injuries. We work with adults (aged 16-65) that live in the Northern New South Wales area.

We have been approved by the Lifetime Care and Support Authority. We can also link you up with other service providers in the area. There are links between city and country hospitals and rehabilitation units. This makes sure that your care continues, regardless of where you live.

We are a part of the NSW Agency for Clinical Innovation network to ensure that you receive the right health care at the right time and in the right place. By working with NBIRS you will have access to all of the knowledge and support available.

We are proud to provide best practice in the area of brain injury.

The NSW Brain Injury Rehabilitation Program (BIRP) is:

- Person focused
- About team work
- Goal directed
- Innovative and flexible



- Lismore
- Maclean
- Mullumbimby
- Murwillumbah
- Nimbin
- Tweed
- Urbenville

A NBIRS Case Manager:

- Has links, contacts and an understanding of our local area.
- Is supported by a team specially trained in brain injuries.
- Can be contacted 5 days a week.
- Works with Lifetime Care so they understand your needs and requests.
- Makes sure your goals are specific to your life.

Who are our case managers?

In our team there is a mix of clinical backgrounds, experience and skills that may be important to you in relation to your rehabilitation.

More information about what is case management can be found at:

http://www.aci.health.nsw.gov.au/_data/assets/pdf_file/0009/292824/birp-moc-flier.pdf

We often will meet with you, your family and others at home, school, work, or even at the shops. We visit people across the local area and some key towns in our area where NBIRS clients live include:

- Ballina
- Bonalbo
- Byron
- Casino
- Coraki
- Grafton
- Kyogle



Who can you contact?

Please contact the Manager of the Northern Brain Injury Rehabilitation Service, at any time to discuss your needs and the services available.

Tel: 02 6620 6361

Fax: 02 6620 6348