

Case Management with the Hunter Brain Injury Service

The **Hunter Brain Injury Service** (HBIS) is based in Newcastle.

You will receive:

1. A dedicated co-ordinator (Case Manager)
2. The support of a team specially trained in brain injuries
3. Access to a Transitional Living Unit which is a home-like environment where you can practice skills or continue an intensive rehabilitation program
4. An assessment of your abilities and needs
5. A therapy program that matches your needs. This will prepare you to return to home, work and study
6. Access to clinics where you can practise and gain confidence in skills needed for daily living
7. Visits to home, work or study
8. Links with local support agencies
9. Help to develop appropriate community based programs
10. Education on traumatic brain injury and its effects
11. Education on how to prevent brain injury

Case Management - Newcastle, Hunter Valley and Central Coast

When a person has a severe brain injury from a motor vehicle accident or work injury it can change how you think, behave and complete everyday tasks. HBIS case management and rehabilitation helps in your recovery and assists you to understand your injury and reach your goals.

Everyone is different so you will be at the centre of decision making and planning. Your family and any support people you have will be part of your team. The HBIS case manager will work with you to involve therapists and services that you and your family may need when leaving hospital, as well as any services you might need in the future, as you decide what is important for you to work on.

Our team is specially trained to support people with brain injuries. We work with adults (aged 16 – 65 years) who live in the Newcastle, Lake Macquarie, Hunter Valley, Central Coast, Port Stephens and Taree areas.

We have been approved by the Lifetime Care and Support Authority. We have strong links with city, suburban and country rehabilitation units and can also link you with other service providers in our area. This makes sure your care continues, regardless of where you are living.

HBIS is part of the NSW Agency for Clinical Innovation network, which ensures that you receive the right health care, at the right time and in the right place. By working with HBIS, you will have access to all of the knowledge and support available through our network.

We are proud to provide best practice in the area of brain injury.

The NSW Brain Injury Rehabilitation Program is:

- Person focused
- About team work
- Goal directed
- Innovative and flexible





Key towns in our area where clients live include:

- Newcastle
- Lake Macquarie
- Raymond Terrace
- Maitland
- Muswellbrook
- Scone
- Nelson Bay
- Forster
- Taree
- Wyong
- Gosford
- Woy Woy



HBIS Case Managers:

- Have links, contacts and an understanding of our local area
- Are supported by a team specially trained in brain injuries
- Can be contacted 5 days a week
- Work with Lifetime Care so they understand your needs and requests
- Make sure your goals are specific to you and your family's life

Who are our case managers?

In our team there is a mix of clinical backgrounds, experience and skills that may be important to you and your family. You are welcome to talk to our service manager about who will be the best case manager to work with you and your family.

More information about what is case management can be found at:

http://www.aci.health.nsw.gov.au/_data/assets/pdf_file/0009/292824/birp-moc-flier.pdf

Who can you contact?

Please contact the Manager of the Hunter Brain Injury Service, at any time to discuss your needs and the services available.

Tel 02 4924 5600

Fax 02 4924 5610

HNELHD-HunterBIS@hnehealth.nsw.gov.au

Consumers were involved with staff in developing this leaflet.