

Case Management with the Dubbo Brain Injury Rehabilitation Program

Dubbo Brain Injury Rehabilitation Program (Dubbo BIRP)

We are based at Lourdes Hospital in Dubbo.

You will have:

1. A dedicated Case Manager.
2. The support of a team specially trained in brain injuries.
3. An assessment of your abilities and needs.
4. Help to develop an appropriate community based rehabilitation program that match your needs. This will prepare you to return to home, work and study.
5. Access to clinics where you can see a specialist Rehabilitation Physician and Neuropsychologist.
6. Visits to home.
7. Links with local support agencies.
8. Education on traumatic brain injury and its effects.
9. Education on how to prevent brain injury.

Case Management in Western NSW

When a person has a severe brain injury from a motor vehicle accident or work injury it can change how you do everyday tasks, think and behave. Dubbo BIRP case management and rehabilitation helps in your recovery and assists you to understand and plan how to reach your goals.

Everyone is different so you will be at the centre of decision making and planning. Your family and friends will be part of your team. The Dubbo BIRP case manager will work with you to involve therapists and services that you and your family may need when leaving hospital and as you decide what is important for you to work on and achieve.

Our team is specially trained to support people with brain injuries. We work with adults (aged 16-65) that live in Western NSW. We are also able to work with you if you have other injuries from your accident such as a spinal cord injury, burns or amputations.

We have been approved by the Lifetime Care and Support authority. We can also link you up with many other service providers in the area. There are strong links between city, suburban and country units. This makes sure your care continues, regardless of where you live.

We are a part of the NSW Agency for Clinical Innovation network to ensure that you receive the right health care at the right time and in the right place. By working with Dubbo BIRP, you will have access to all of the knowledge and support available.

We are proud to provide best practice in the area of brain injury.

Consumers were involved with staff in developing this leaflet.

The NSW Brain Injury Rehabilitation Program (BIRP) is:

- Person focused
- About team work
- Goal directed
- Innovative and flexible





Dubbo BIRP will travel to see people in their local area. We cover the following areas:

- Baradine
- Bourke
- Brewarrina
- Cobar
- Coolah
- Coonabarabran
- Coonamble
- Dubbo
- Dunedoo
- Gilgandra
- Goodooga
- Gulargambone
- Gulgong
- Lightning Ridge
- Mudgee
- Narromine
- Nyngan
- Tottenham
- Trangie
- Walgett
- Warren
- Wellington

A Dubbo BIRP Case Manager:

- Has links, contacts and an understanding of our local area.
- Is supported by a team specially trained in brain injuries.
- Can be contacted 5 days a week.
- Works with iCare so they understand your needs and requests.
- Makes sure your goals are specific to you and your family's life.

Who are our case managers?

In our team there is a mix of backgrounds, experience and skills that may be important to you and your family. Read the following profiles and talk to our service manager about who will be the best case manager to work with you and your family.

More information about what is case management can be found at:

http://www.aci.health.nsw.gov.au/_data/assets/pdf_file/0009/292824/birp-moc-flier.pdf



Who can you contact?

Please contact the Manager of the Dubbo Brain Injury Rehabilitation Program, at any time to discuss your needs and the services available.

Tel 02 6841 8500

Fax 02 6885 1387

Email: nmiller@chcs.com.au